

Beckon Ice Cream

Nutrition Facts

Sea Salt Chocolate Chip



Nutrition Facts	
4 servings per container	
Serving size	1/2cup (99.2g)
Amount per serving	
Calories	240
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 120mg	40%
Sodium 180mg	8%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 21g	
Includes 19g Added Sugars	38%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 78mg	6%
Iron 1mg	6%
Potassium 82mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Sea Salt Chocolate Chip: cream, milk (vitamin D3), non-gmo pure cane sugar, non-gmo chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin [an emulsifier], natural vanilla extract), egg yolks, vanilla extract, sea salt, lactase

Contains: milk, egg, soy.

Processed in a facility that uses peanuts, tree nuts, soy and wheat.

Vanilla



Nutrition Facts	
4 servings per container	
Serving size	1/2cup (99.2g)
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 135mg	45%
Sodium 110mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	30%
Protein 4g	
Vitamin D 1mcg	6%
Calcium 82mg	6%
Iron 0mg	0%
Potassium 48mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vanilla: cream, milk (vitamin D3), non-gmo pure cane sugar, egg yolks, vanilla extract, salt, lactase

Contains: milk, egg.

Processed in a facility that uses peanuts, tree nuts, soy and wheat.

Mint Chip



Nutrition Facts	
4 servings per container	
Serving size	1/2cup (99.2g)
Amount per serving	
Calories	240
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 120mg	40%
Sodium 100mg	4%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 21g	
Includes 19g Added Sugars	38%
Protein 3g	
Vitamin D 1mcg	6%
Calcium 78mg	6%
Iron 1mg	6%
Potassium 81mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Mint Chip: cream, milk (vitamin D3), non-gmo pure cane sugar, non-gmo chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin [an emulsifier], natural vanilla extract), egg yolks, peppermint extract, vanilla extract, salt, lactase

Contains: milk, egg, soy.

Processed in a facility that uses peanuts, tree nuts, soy and wheat.

Chocolate



Nutrition Facts	
4 servings per container	
Serving size	1/2cup (99.2g)
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 125mg	42%
Sodium 125mg	5%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 18g	
Includes 15g Added Sugars	30%
Protein 4g	
Vitamin D 1mcg	6%
Calcium 79mg	6%
Iron 1mg	6%
Potassium 105mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Chocolate: cream, milk (vitamin D3), non-gmo pure cane sugar, egg yolks, chocolate base (water, cocoa processed with alkali, chocolate liquor, sugar, coconut oil, salt), vanilla extract, salt, natural coffee flavor, lactase

Contains: milk, egg, coconut.

Processed in a facility that uses peanuts, tree nuts, soy and wheat.

Espresso



Nutrition Facts	
4 servings per container	
Serving size	1/2 cup (99.2g)
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 130mg	43%
Sodium 110mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 15g Added Sugars	30%
Protein 4g	
Vitamin D 1mcg	6%
Calcium 82mg	6%
Iron 0mg	0%
Potassium 46mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Espresso: cream, milk (vitamin D3), egg yolks, non-gmo pure cane sugar, natural coffee flavor, salt, lactase

Contains: milk, egg.

Processed in a facility that uses peanuts, tree nuts, soy and wheat.